

Beginning January 1, 2023, all outpatient procedures will require a prior consultation with SMS (Specialist Management Solutions). To avoid a potential reduction in benefit, please call 833-381-2223 to speak with an SMS Care Advocate before you or your family members schedule any outpatient procedure.

*Below are a list of common specialties and outpatient procedures that will require engagement with SMS prior to a procedure taking place. **Please note this is not a comprehensive list.***

Specialty Name	Area of focus	Common Surgeries / Procedures
Orthopedics	Shoulder & Elbow, Hand & Wrist, Joint Replacement, Trauma, Tumor, Spine, Sports Medicine, Foot & Ankle	Arthroscopy, Soft Tissue Repair, Fusion, Osteotomy, Joint Replacement, Rotator Cuff Repair
General Surgery	Esophagus, Abdomen, Breast, Skin, Small Intestine, Large Intestine, Liver, Pancreas, Thyroid gland, Appendix and bile ducts	Cyst Removal, Thyroid surgery, Gallbladder Removal, Hernia Repair
Gynecology	Fundus, Fallopian tube, Ovary, Myometrium, Endometrium, Vagina, Cervix, Female reproductive organs	Cervical Cryosurgery, Colposcopy, Dilation and Curettage (D&C), Hysteroscopy, Hysterectomy, Myomectomy, Oophorectomy, Pelvic Laparoscopy
Urology	Kidneys, Ureters, Urinary bladder, Urethra, Male Reproductive Organs	Cystourethroscopy and Cystoscopy, Lithotripsy
Musculoskeletal (Spine)	Vertebrae, Intervertebral discs, Spinal Column, Spinal Cord, Dura, Lamina	Vertebroplasty/Kyphoplasty, Decompressions, Cervical Fusions, Disc Replacement, Lumbar Fusions
Podiatry	Feet	Tendon and ligamentous repair, Bunionectomy, Heel Spur
Ear, Nose & Throat (ENT)	Ears, Nose, & Throat	Tonsillectomy and Adenoidectomy, Tympanoplasty and Mastoidectomy, Cochlear Implants, Functional Endoscopic Sinus Surgery
Ophthalmology	Retina, Glaucoma, Pediatrics, Cornea, Oculoplastic	Cataract Intraocular Lens (IOL), Retina Surgery
Plastics	Entire body	Cosmetic Surgery, Reconstructive Surgery
Gastroenterology	Esophagus, Stomach, Small Intestine, Colon, Pancreas, Gallbladder, Liver	Colonoscopy, Upper GI Endoscopy (EGD), Endoscopic Bariatric Balloon, Hemorrhoid Energy Therapy (HET)
Cardiovascular	Heart, Circulatory System	Cardiac Event Monitors, Pacemaker Implants, Cardiovascular Procedures