**SSS TRIPLE-S** SALUD 👰 🗓

Coverage for: Ind/Ind + 1/Fam | Plan Type: PPO

Coverage Period: 01/01/2022 – 12/31/2022

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, you can access www.ssspr.com or call (787) 774-6060. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at https://www.healthcare.gov/sbc-glossary or call 1-800-981-3241 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$0	See the Common Medical Events chart below for your costs for services this <u>plan</u> covers.
Are there services covered before you meet your deductible?	Does not apply	You don't have to meet <u>deductibles</u> for specific services, but a <u>copayment</u> or <u>coinsurance</u> may apply.
Are there other deductibles for specific services?	No.	You do not have to pay <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	For medical, hospital and prescription drug services provided by in-network providers - \$6,350 Individual / \$12,700 Family.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limits</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, balance billing charges, health care this plan doesn't cover, payments for non essential benefits, out of network coinsurance / copayments, and penalties for failure to obtain precertification for services.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>www.ssspr.com</u> or call 1-800-981-3241 for a list of <u>network</u> <u>providers.</u>	This <u>plan</u> uses a provider <u>network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a referral to see a specialist?	No.	You can see the specialist you choose without a referral.

For more information about limitations and exceptions, see the plan or policy document at <a href="https://www.ssspr.com">www.ssspr.com</a>

(DT - OMB control number: 1545-0047/Expiration Date: 12/31/2019) (DOL - OMB control number: 1210-0147/Expiration date: 5/31/2022) (HHS - OMB control number: 1210-0147/Expiration date: 5/31/2022) number: 0938-1146/Expiration date: 10/31/2022)

Common Medical	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other
Event		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Important Information
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$10 <u>copay</u> / visit	Covered by reimbursement at 100% of the Triple-S Salud established fees less copayment or coinsurance of basic coverage	Telemedicine services (Teleconsulta MD) through virtual medical consultations, unlimited. \$10.00 copay will apply per consult.
	Specialist/ subspecialist visit	\$15 <u>copay</u> / <u>specialist</u> visit \$15 <u>copay</u> / subspecialist visit	Covered by reimbursement at 100% of the Triple-S Salud established fees less copayment or coinsurance of basic coverage	none
	Preventive care/screening /immunization	No charge for preventive services according to the Federal Law No charge for other immunizations 20% coinsurance for the immunization for respiratory syncytial virus.	Covered by reimbursement at 100% of the Triple-S Salud established fees less copayment or coinsurance of basic coverage	Immunization for respiratory syncytial virus requires precertification. You may have to pay for non-preventive services. Ask your provider if the services needed are preventive. Then check what your plan will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	25% coinsurance	Covered by reimbursement at 100% of the Triple-S Salud established fees less copayment or coinsurance of basic coverage	none
	Imaging (CT/PET scans, MRIs)	25% coinsurance	Covered by reimbursement at 100% of the Triple-S Salud established fees less copayment or coinsurance of basic coverage	Pet Scan and PET CT, up to one (1) per year, per member, subject to precertification. MRI and CT, up to two (2) per anatomical region, per year, per member. Excess MRI and CT subject to precertification.

Common Medical		What You Will Pay		Limitations, Exceptions, & Other
Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Important Information
If you need drugs to treat your illness or	Generic drugs	\$5 copay / \$10 copay mail order	Prescription drug coverage - covered	<ul> <li>The following rules apply:</li> <li>This coverage is subject to a Drug List.</li> <li>Generic drugs as first option.</li> </ul>
	Preferred Brand drugs	\$10 <u>copay</u> / \$20 <u>copay</u> mail order		
condition  More information	Non-Preferred Brand Drugs	20% minimum \$20 copay / 20% minimum \$60 copay mail order	in United States or its territories by reimbursement to the members up to	Up to 30-day (retail) supply and 90-day supply or mail order for some maintenance
about <u>prescription</u> drug coverage is	Preferred Specialty drugs	20% maximum \$100 copay	75% of Triple-S Salud established fees, less the applicable drug	drugs.  Mail order is not available for
available at www.ssspr.com.	Non-Preferred Specialty drugs	20% maximum \$100 copay	copayment or coinsurance.	specialty drugs or drugs for chemotherapy.
	Drugs for chemotherapy	No Charge		Some medications require precertification from the plan.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	\$50 copay / visit	Covered by reimbursement at 100% of the Triple-S Salud established fees less copayment or coinsurance of basic coverage	none
	Physician / surgeon fees	No Charge	Covered by reimbursement at 100% of the Triple-S Salud established fees less copayment or coinsurance of basic coverage	none
If you need	Emergency room care	\$75 <u>copay</u> / visit	\$75 <u>copay</u> / visit	\$35 <u>copay</u> if recommended by <i>Teleconsulta</i> . <u>Coinsurance</u> may apply for nonroutine <u>diagnostic tests</u> .
immediate medical attention	Emergency medical transportation	Up to \$80 / occurrence	Up to \$80 / occurrence	Covered by reimbursement
	Urgent care	\$35 <u>copay</u> / visit	\$35 <u>copay</u> / visit	Coinsurance may apply for non-routine diagnostic tests.
If you have a hospital stay	Facility fee (e.g., hospital room)	\$25 <u>copay</u> / admission in Preferred Hospitals \$50 <u>copay</u> / admission in Non- Preferred Hospitals	Covered by reimbursement at 100% of the Triple-S Salud established fees less copayment or coinsurance of basic coverage	none

Common Medical	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other
Event		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Important Information
	Physician/surgeon fees	No charge, except for lithotripsy and invasive cardiovascular test	Covered by reimbursement at 100% of the Triple-S Salud established fees less copayment or coinsurance of basic coverage	Lithotripsy requires precertification.
If you need mental health, behavioral health, or substance abuse services	Outpatient services	\$5 copay / group therapy \$15 copay / visit (includes collaterals)	Covered by reimbursement at 100% of the Triple-S Salud established fees less copayment or coinsurance of basic coverage	none
	Inpatient services	\$25 copay / admission in Preferred Hospitals \$50 copay / admission in Non- Preferred Hospitals \$25 copay / partial admission in Preferred Hospitals \$50 copay / partial admission in Non-Preferred Hospitals	Covered by reimbursement at 100% of the Triple-S Salud established fees less copayment or coinsurance of basic coverage	none
If you are pregnant	Office visits	\$15 <u>copay</u>	Covered by reimbursement at 100% of the Triple-S Salud established fees less copayment or coinsurance of basic coverage	Cost sharing does not apply for
	Childbirth/delivery professional services	No charge	Covered by reimbursement at 100% of the Triple-S Salud established fees less copayment or coinsurance of basic coverage	Cost sharing does not apply for preventive services. Maternity care may include tests and services described elsewhere in the SBC
	Childbirth/delivery facility services	\$25 <u>copay</u> / admission in Preferred Hospitals \$50 <u>copay</u> / admission in Non- Preferred Hospitals	Covered by reimbursement at 100% of the Triple-S Salud established fees less copayment or coinsurance of basic coverage	(i.e. ultrasound.)
If you need help recovering or have other special health needs	Home health care	25% coinsurance	Covered by reimbursement or assignment of benefits, subject to a 25% coinsurance	Up to 40 visits per policy year for physical, occupational and speech therapies. Requires precertification.

Common Medical	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other
Event		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Important Information
	Rehabilitation services	\$7 copay / physical therapies and chiropractor's manipulations \$7 copay / chiropractor visit	Covered by reimbursement at 100% of the Triple-S Salud established fees less copayment or coinsurance of basic coverage	Up to 15 physical therapies per policy year, per member. Up to 15 manipulations per policy year, per member.
	Habilitation services	See Rehabilitation services.	See Rehabilitation services.	See Rehabilitation services.
	Skilled nursing care	No charge	Covered by reimbursement or assignment of benefits	Up to 120 days per year, per member. Requires precertification.
	Durable medical equipment	25% coinsurance	Covered by reimbursement or assignment of benefits, subject to a 25% coinsurance	Requires <u>precertification</u> .
	Hospice service	Covered through Case Management, subject to be a precertification.	Not covered	none
If your child needs dental or eye care	Children's eye exam	25% coinsurance	Covered by reimbursement at 100% of the Triple-S Salud established fees less copayment or coinsurance of basic coverage	Up to one (1) refraction exam per member, per year.
	Children's glasses	Not covered	Not covered	Not covered
	Children's dental check-up	No charge	Not covered	Covered through Dental coverage. Up to one (1) dental check-up every six (6) months.

#### **Excluded Services & Other Covered Services:**

## Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Cosmetic surgery
- Glasses
- Infertility treatment

- Long-term care
- Non-emergency care when traveling outside the U.S.
- Private-duty nursing
  - Weight loss programs

#### Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Acupuncture (covered through Triple-S Natural)
- Bariatric surgery subject to precertification
- Chiropractic care

- Dental care
- Hearing aids (covered through Major Medical coverage)
- Routine eye care
  - Routine foot care

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at 1-866-444-3272 or <a href="www.dol.gov/ebsa/healthreform">www.dol.gov/ebsa/healthreform</a>. Other coverage options may be available to you too, including buying individual insurance coverage. For more information about the individual insurance coverage, visit <a href="www.ssspr.com">www.ssspr.com</a> or call 787-774-6060 or toll free 1-800-981-3241.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: Department of Labor's Employee Benefits Security Administration at 1-866-444-3272 or <u>www.dol.gov/ebsa/healthreform</u>, or visit <u>www.ssspr.com</u> or call 787-774-6060 or toll free 1-800-981-3241.

### Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

### Does this plan meet the Minimum Value Standards? Yes

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the <u>Marketplace</u>. **Language Access Services**:

Spanish (Español): Para obtener asistencia en Español, llame al 787-774-6060 or toll free 1-800-981-3241.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 787-774-6060 or toll free 1-800-981-3241.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 787-774-6060 or toll free 1-800-981-3241.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 787-774-6060 or toll free 1-800-981-3241.

## To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

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## **About these Coverage Examples:**



**This is not a cost estimator.** Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

## Peg is Having a Baby (9 months of in- network pre-natal care and a hospital delivery)

■ The plan's overall <u>deductible</u>	\$0
■ Specialist copayment	\$15
■ Hospital (facility) copayment	\$25
■ Other coinsurance	25%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost

Total Example Coct	Ψ12,100
In this example, Peg would pay:	
Cost Sharing	
<u>Deductibles</u>	\$0
Copayments	\$30
Coinsurance	\$400
What isn't covered	
Limits or exclusions	\$0
The total Peg would pay is	\$430

# Managing Joe's type 2 Diabetes (a year of routine in–network care of a well – controlled condition)

■ The plan's overall <u>deductible</u>	\$0
■ Specialist copayment	\$15
■ Hospital (facility) copayment	\$25
■ Other coinsurance	25%

#### This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (including disease education)

Diagnostic tests (blood work)

**Prescription drugs** 

\$12,700

<u>Durable medical equipment</u> (glucose meter)

Total Example Cost	\$5,600
In this example, Joe would pay:	
Cost Sharing	
<u>Deductibles</u>	\$0
<u>Copayments</u>	\$400
Coinsurance	\$200
What isn't covered	
Limits or exclusions	\$0
The total Joe would pay is	\$600

## Mia's Simple Fracture (in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$0
■ Specialist copayment	\$15
■ Hospital (facility) copayment	\$25
■ Other coinsurance	25%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)
Diagnostic test (x-ray)
Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800

### In this example, Mia would pay:

Cost Sharing		
<u>Deductibles</u>	\$0	
Copayments	\$400	
Coinsurance	\$90	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$490	