

MetLife Health Screening Benefit

If you are enrolled in the MetLife Accident, Critical Illness and/or Hospital Indemnity plan you (and all covered dependents) are eligible to receive a once per year \$50 wellness benefit. This is a per plan benefit, therefore if enrolled in all three plans you can receive up to \$150 per year per enrolled member!

This benefit is payable when you go for preventive care and participate in a covered screening or test. Examples include annual physical, eye, or skin exam; dental cleaning; mammogram; colonoscopy; and more.

Filing a claim is easy - all you need to provide is your date of appointment and type of screening. Once processed, your benefit will be paid out either by check or direct deposit and only takes a few days to receive.

- File online: www.metlife.com/mybenefits
- File via phone: 1-800 GET-MET8 (1-800-438-6388)

