

# WE GO THE EXTRA MILE TO TAKE CARE OF YOU

**CLINICAL CARE PROGRAMS** 



At Triple-S, we go the extra mile to take care of your health. We have a group of experts available to you, including nurses, health educators, social workers, and nutritionists focused on your wellbeing.

For more information about our Clinical Care Programs, please call us at 787-706-2552.

# **CONTACT US**

M-F 8:00 a.m. – 4:30 p.m. 787-706-2552 or 1-800-981-4860 Fax: 787-774-4824 or 1-855-887-8275 Email: manejocasos@ssspr.com



## **CLINICAL CARE PROGRAMS:**

- Evaluate your health, social, and nutritional needs.
- Develop a health care plan based on your specific needs.
- Schedule your services (appointments and others).
- Coordinate group and individual educational activities for physical and mental health.
- Manage chronic health conditions that are out of control.

### **HEALTH MODIFICATION AND CARE PROGRAMS:**

Do you need help controlling a chronic condition? Our team is available to offer the tools you need to manage and care for conditions, such as:

- Diabetes
- Chronic Obstructive Pulmonary
- Asthma
- Disease (COPD)
- Heart Failure
- Obesity
- Hypertension

# We also have programs to help you manage:

- Prenatal care
- High-risk pregnancies
- Terminal stage cancer
- Ulcers and homebound care needs
- Children with special needs requiring service coordination
- High usage of emergency room services
- Cerebrovascular accidents
- Mental health



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