



STEP IT UP

Frequently Asked Questions

When does the challenge run?

The challenge will begin Monday, September 12th and end on Friday, September 30th.

How many people can be on a team?

Teams must consist of at least 3 and up to 10 PetSmart associates, no matter their department or where they are located.

How does a team register?

The first thing team members will need to do is identify a team captain. The team captain can complete the team registration one of two ways:

1. Fill out the Team Registration Form and email to wellness@petsmart.com
2. Complete the online MS Forms registration form. Access this registration form [by clicking here](#).

Do all team members need to work in the same department/location?

No, team members do not need to all work in the same department or be in the same location. They do all need to be PetSmart associates.

How will the step totals be calculated for the team?

Once all team members submit their weekly totals to their team captain, the team captain will take the team average to be submitted to wellness@petsmart.com each week.

How do I calculate my steps?

Participants can calculate their steps through a variety of different ways. They can use fitness trackers, pedometers, step apps, some phones even have step trackers automatically added to the phone. Your step total should include all the steps taken throughout the day.

How will the winning team be determined?

The team with the highest average of steps over the course of the three weeks will be the winner of the challenge. Each member of the winning team will earn 2,000 PlayUp points.

How will we know our teams ranking?

Team standings will be shared out each week via email. Any team results sent to wellness@petsmart.com after Monday of each week will be included in the following weeks count.

